



March 1st, 2016 12:00-1:00
Meeting Minutes

ITV Sites: UK telehealth suite 1st floor of KY Clinic, ARH, CERH-Hazard, Cardinal Hill
Attendees: Patrick Kitzman, Beth Hunter, Julie Brock, Sheila Levy, Doug Dubois, Sasha Rabchevsky, Jimmi Hatton-Kolpek, Carolyn Wallace, Violet Sylvia, Keisha Hudson, Ryan Creech, Carol Webber, Racheal Johnson.

Agenda:

- 1) Great news...Cardinal Hill has come on line again and will be a site we can use for future meetings. I would like to thank Sandra Bellows for all of her help in re-establishing the ITV connection.
- 2) Julie Brock was introduced to the group. Julie just started and will be the new KARRN staff person. YEAH!!
- 3) KY Congress on SCI update: Sasha provided the update
 - The next KCSCI advisory board meeting will be held on March 16th at Cardinal Hill. Discussion will focus on whether to hold a congress meeting this year and if so, when and where.
 - The congress has worked with support from Frankfort in draft a letter to the Marriot Griffin Gate listing accessibility issues that arose during last year's congress meeting. Hopefully the Marriot will make some necessary changes to their facility.
- 4) Project CARAT Update: Sheila provided the update
 - To date 903 pieces of DME (estimated value of \$378,000), have been provided to individuals in need. The CARAT sites in Louisville and Paducah are up and rolling. Volunteers are still a limiting step, and Sheila is working with the new sites on strategies to recruit additional volunteers to help refurbish the DME.
 - Racheal Johnson has started as the new CARAT coordinator at the Carl D. Perkins Vocational Training Center. Welcome Racheal.
 - The partnership with the Center on Assistive Living in Murray is growing.
 - The PT students in Hazard will be holding a DME Donation drive this weekend.
- 5) Army Wounded Warriors Program (which is part of the DoD) update: Doug Dubois
 - There are currently 26,000 veterans in the program and Doug and the rest of the AWW team are doing an amazing job working with these individuals.
 - AWW has developed a new transition program to help address the grown number of individuals enrolled this this program.

- 6) Update on KC3T program: Pat and Violet provided the update
Mission of the KC³T: Provide access to medical, social, and environmental services to support community transitions for individuals with neurological conditions and their caregivers living in the Commonwealth of Kentucky. This project is currently funded through a collaboration between ARH-Hazard and the Center for Excellence in Rural Health.
- We currently have 25 individuals actively enrolled in this project and showing really good outcomes with respect to improved QoL and since this program officially kicked off on July 1st, 2015 there have been no 30-day readmissions or emergency department visits due to stroke related complications.
 - Violet and I are currently working on securing funding for another year through the ARH/CERH collaboration. As usual, Violet and I are also looking for additional funding opportunities to expand this program. The program is almost at maximum capacity and we need to find funding for additional navigators.
 - I am currently writing a grant to the Robert Wood Johnson Foundation to conduct and evaluation of KC³T which will provide the data we need to secure additional funding to expand this program. We were one of only 24 pre-proposals (out of 368) that were invited to submit a full proposal.
 - This program continues to grow its support in the medical community in Hazard!!!
 - The latest stroke survivor and caregiver support group was held last week (Feb 24th) with 18 individual participating. This group continues to grow and provide a much needed resource for our community in eastern KY. Johnnie Lovins was the guest speaker and covered diabetes management (which is a huge issue with our group). I would like to thank Keisha for all of her hard work in promoting this group and organizing the meetings.
- 7) Update of the new PCORI grant: Pat and Beth provided the update
The purpose of this project is to determine: 1) What information individuals with SCI, TBI and stroke and healthcare providers, in rural communities, need to make clinical and health decisions, 2) Where they access this information, 3) Develop a model for engaging these individuals to participate in utilizing patient centered outcomes research and community engaged research to develop health related questions that are relevant to improving their healthcare decision making and health outcomes. *In short, we want to expand what we have been doing as an organization for the past 8 years.*
- We have completed all of the IRB process and are beginning to schedule the first round of interviews for this project.
 - We will be working with the rest of you as we continue to expand out our recruitment for focus group participants.
- 8) Discussion of what all of you would like to do this year.
- Carolyn has put forth the new ABI bill that is moving through Frankfort that could end up separating rehabilitation services from the ABI waiver system. It is still unclear on how services can be obtained if they are removed from the waiver system. On March 9th there will be a rally at the State Capitol Rotunda.
 - **Please start thinking about additional projects you would KARRN to work on in 2016.**