



June 6, 2017, 12:00-1:00

Meeting Minutes

In attendance via Zoom: Beth Hunter, Pat Kitzman, Katy Sutton, Julie Brock (UK telehealth suite in KY Clinic); Rachael Johnson; Keisha Hudson; Jason Jones; Lindsey Mullis; Ryan Creech; Violet Sylvia; Carolyn Wallace.

**1) KY Congress on SCI updates** (Jason's updates)

- Continued planning for annual Congress on October 6 at Cardinal Hill
- Fundraising going well (Independence Place partnership; AgrAbility and KARRN funds)
- One presentation to be about travel – the speaker is *New Mobility's* travel journalist
- Group meets tomorrow, also by Zoom
- Independence Place has increased KCSCI's social media presence – they have a system of posting to Facebook, Instagram and Twitter. Have about 400 followers now.

**2) CARAT update** (Sheila via email; Rachael and Pat)

- CARAT has provided 2,730 items of free medical equipment, \$642,835 to 1,079 individuals
- CARAT has ample inventory at all four CARAT sites available
- CARAT in Paducah (Lourdes Hospital) has formed its own 501(c)3 not for profit corporation. They are no longer receiving financial support from CAL or the KATS Network. They remain affiliated with CARAT and use the Project CARAT website and KATS Network to have their inventory posted and their statistics are included in CARAT's reports. They will solicit funds from the Paducah and far Western KY community for sustainability.
- CARAT has worked with UK/HDI to establish a Lexington site (Nicholasville Road behind Trader Joe's) to take the place of the now closed Bluegrass Technology Center. Partnering with universities and other post-secondary sites (Carl Perkins Training Center) has been successful for CARAT, providing insurance coverage and student service learning at no cost
- Project CARAT Outreach Coordinator's contract with KY's Department of Public Health has been extended for another year, through 5/31/18. This position also is the FAN Coordinator for Kentucky's Department of Public Health Preparedness Branch.
- Rachael reports that transportation for donation pick-up is very limited. She is personally transporting much of the equipment.
- Pat will train Hazard students – need to set up shelving at new storage unit. There are many wheelchairs to clean, repair, refurbish. The rent is paid by CERH – many thanks to them.

**3) AgrAbility update** (Beth)

- Budget revision was approved – runs through September 1
- Mike is settling in and keeping busy
- The "Third Thursday Thing" celebrates its 20<sup>th</sup> anniversary on July 20 at Kentucky State University's Research and Demonstration Farm – all are welcome to attend. AgrAbility will facilitate several sessions during the day-long event.
- Linda Bokros is presenting a webinar for extension offices
- The accessible gardening projects are very popular. Sites are at former Lexington Senior Center and in Northern Kentucky's county extension locations, library and nursing home.

#### 4) **KC<sup>3</sup>T update** (Keisha and Violet)

- Keisha is working with 25 active patients; 3 more possible in next couple of weeks
- Celebrated Stroke Awareness Month in May
- Great photos from last support group. Katy was able to attend.
- Keisha to give Stroke Care Conference presentation
- Violet reports that ARH funds have been received – thank you!
- Violet met with an ARH member at Telehealth Conference and discussed having Keisha speak at ARH Stroke Coordinator meeting
- Pat to present to Ohio Paul Coverdell Stroke Network affiliates this Thursday

#### 5) **PCORI grant update** (Pat and Beth)

- Interviews and work groups are completed; working on data analysis
- Beth led a recent TBI support group at NeuroRestorative with Carolyn and others in attendance. She promoted the ½ day meetings coming up; Keisha and Julie will continue to.
  - September 13 at the Center for Excellence in Rural Health in Hazard
  - September 20 at Cardinal Hill in Lexington

Transportation will be an issue – we will continue to collect names and contact info even if individuals are not able to attend

- New grant ideas
  - Next step: test technology (maybe Zoom, with support group content plus communicating results from other relevant PCORI projects). Letter of Intent submitted
  - Other PCORI grant's Letter of Intent due later this summer (plus two NIH grants)
- Conference presentations
  - AOTA submitted by Beth
  - APTA to be submitted by Pat
- Article preparation is upcoming
- Looking for projects for PT students that wouldn't involve much/any funding. Some of our results do lend themselves to other projects even without grants in place (e.g., TBI flowchart on our website from a few years ago. Beth's support group attendees asked specifically about the financial piece with waivers. Websites need to be added for the resources listed)

#### 6) **KARRN Conference update** (Pat)

- Anna Jones at Southern Kentucky AHEC has agreed to provide CEUs.
- Suggested speakers for our planned "State of the Art" presentation were not available. PCORI has been selected as the final session instead, to tie together the panel's discussion and Jennifer Hastings' presentation. Panel can be broader than seating/mobility; focus on advocacy and communication in the real world. The panel might not be approved for CEUs, but first-person discussions are always highly rated sessions in our conferences.
- Disciplines being considered for CE:
  - PT
  - OT
  - Physicians (PAs can apply this, as well)
  - Nursing (a difficult process and expensive but we have done it in the past)
  - SLPs have shown recent interest already, especially with Jane Kleinert as a presenter
  - Social Work? If sufficient interest
- We received a conference grant from Paralyzed Veterans of America. These funds will be used for Dr. Hastings' hotel expenses and new videocamera/microphones to film our conference (can be used by our KARRN members, too).

#### 7) **Reactions to Zoom** – please let Julie know how you liked this meeting platform

**8) No meetings in July and August, but we will be in contact during that time**