



September 6, 2016 12:00-1:00
Meeting Minutes

ITV Sites: UK telehealth suite 1st floor of KY Clinic, CERH-Hazard, Cardinal Hill Hospital

In attendance: Sheila Levy, Carol Weber, Doug Dubois, Eddie Reynolds, Ryan Creech, Michelle Graybeal, Keisha Hudson, Patrick Kitzman, Beth Hunter, Sasha Rabchevsky, Lindsey Mullis, Katy Sutton, Julie Brock.

Agenda:

1) Project CARAT Updates (Sheila and Pat)

- To date, 714 individuals have been provided with 1,390 pieces of equipment (at a value of \$489,246)
- Recently received \$184,000 worth of hearing aid batteries
- Grant application to pursue continued funding for Paducah's employee (20 hours a week)
- Have receive a large donation of orthopedic braces
- The van that had been used to pick up equipment in the Louisville area is no longer available, making pick-up of equipment a challenge
- Bellarmine University will provide a lot of PR for Project CARAT.
- 8 Physical Therapy students completed Pat's training in Hazard on Project CARAT this morning and they are eager to participate
- In search of alternate storage arrangement in Hazard

2) KY Congress on SCI updates (Sasha)

- Congress conference on September 15 at Cardinal Hill: \$8,000 in sponsorships, bank account established. Almost 80 registrants, will push for more faculty and students. Breakfast, lunch and snacks to be provided. Free T-shirts. Looking forward to guest speaker from Montana. Braun and Bruno will have an active demonstration of equipment, hopefully with audience participation.
- Winner of the Tom Gravitt Advocacy Award to be announced that day. The recipient is registered to attend.
- Restaurant Report Card with Beth Hunter – Sasha approached his city council person (Jake Gibbs) and restaurant accessibility will receive continued attention from the Council. One older restaurant claims to be exempt and grandfathered in, but even restaurants in newer buildings have numerous violations.
- Would like to address the lack of a state ADA coordinator at Congress. Carol Weber clarified that while the previous person's position was eliminated, it was funded by several agencies within the Education Cabinet (e.g., Voc Rehab and others). Carol is now listed as the state ADA person in terms of Education and she receives numerous requests, but in this limited role she is not able to assist with restaurant compliance, for example.

- Will look into the possibility of filming Congress
- Facebook page continues to be very active with likes, comments and new members joining

3) Update on KC3T program (Keisha)

- Have discharged some clients, and have new ones coming into the program
- The TBI Trust Fund is looking for people to work with; they have funds available for Patients and caregivers
- ARH's IT system is still down, potentially for another 10 days or so
- Keisha has been involved with the new stroke committee in Hazard
- Keisha begins a 6-week class for Diabetes Self-Management group tomorrow
- Efforts to expand outcome measures and expand service areas for the KC3T model: Passport Health Plan (IHOP) grant proposal is ready to go out; discussions with Anthem Blue Cross Blue Shield continue

4) PCORI grant update (Beth)

- Completed all interviews
- Beth has worked on the assessment feedback – much feedback was given during the interviews
- Focus groups and updates to Research 101 module will be next steps
- Pat has been contacted by the University of Pittsburg Medical Center about our work with rural and their work with urban populations. He got to know this individual through PCORI, and is interested in Pitt's advanced center on Assistive Technology and Rehab Engineering as well as developing methods for supporting the community transitions of individuals who have had a SCI, TBI or stroke.

5) KARRN newsletters (Pat and Julie)

- In the past, have tried to put out quarterly newsletter. In recent years, it's been twice a year.
- Sasha suggests a semi-annual or annual report design might be less burdensome
- Healthsouth sends out a "5 ½ Things to Know" email, which is about one page but gives the option to read more. She will forward it to Pat.
- Kentucky Office of Rural Health has a nice monthly email format with news and links
- Having something sent out following our monthly meetings would be timely in terms of updates – it could be based on meeting minutes but in more of a formatted informational email
- Sasha suggests cross-referencing between a PDF newsletter to/from a link on website to increase website use

6) Other

- Sasha and others would like to see a KARRN social event so that we could spend some time together in a non-meeting environment. Kentucky Congress had a nice get-together recently.

- Welcome to Katy Sutton, a new PhD student of Pat's! She is new to Lexington and spent time with Megan Danzl (adjunct faculty) at Bellarmine. Pat looks forward to her involvement with KARRN, particularly with her community focus and background as a PT.